



PRAYER, FASTING & CONSECRATION WEEK 2025

The
CROSS

AND WHAT IT MEANS FOR FALLEN HUMANITY



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CROSS

AND WHAT IT MEANS FOR FALLEN HUMANITY



EVERY NATION



EVERY NATION

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EveryNation.org/Fasting #ENFast2025

The CROSS

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PREPARATION FOR THE FAST

WHY FAST?

Fasting is a spiritual tool God uses to advance his kingdom, change the destiny of nations, spark revival, and bring breakthroughs in people's lives. Every Nation churches and campus ministries begin each year with five days of prayer and fasting to humble ourselves before God, consecrate ourselves to him for the upcoming year, and corporately agree for breakthroughs.

Jesus fasted.

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. And after fasting forty days and forty nights, he was hungry. **MATTHEW 4:1-2**

And Jesus returned in the power of the Spirit to Galilee, and a report about him went out through all the surrounding country. **LUKE 4:14**

Jesus knew he was going to need spiritual strength to fulfill his purposes. Fasting makes us spiritually strong and prepares us to do God's work.

Fasting is an act of humility and consecration.

Then I proclaimed a fast there, at the river Ahava, that we might humble ourselves before our God, to seek from him a safe journey for ourselves, our children, and all our goods. **EZRA 8:21**

As we humble ourselves through prayer and fasting, we can receive God's answers to our prayers.

Fasting helps us become sensitive to the Holy Spirit.

While they were worshiping the Lord and fasting, the Holy Spirit said, "Set apart for me Barnabas and Saul for the work to which I have called them." **ACTS 13:2**

When we deny ourselves of natural cravings and worldly distractions, we become more sensitive to God's voice, allowing us to better focus on God and submit to his will.

Fasting brings revival.

And your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to dwell in. **ISAIAH 58:12**

Throughout history, God has brought revival and delivered nations from destruction in response to prayer and fasting. Fasting helps us persevere in prayer and intercession.

Fasting is healthy.

Fasting cleanses your digestive system from toxins. Doctors consider fasting a cure for certain allergies and diseases. The discipline of fasting helps break unhealthy addictions in our lives.

PLANNING YOUR FAST

Then Joshua said to the people, “Consecrate yourselves, for tomorrow the Lord will do wonders among you.” **JOSHUA 3:5**

Pray—Spend time reading the Bible before the fast. Ask the Holy Spirit for guidance in your prayers. On pages 7–9, write down your faith goals and specific prayer requests for your family, friends, church, and nation.

Commit—Pray about the kind of fast you will undertake and commit to it ahead of time. Record your plan on page 5. Ask God for grace to help you follow through with your decisions.

Act—Start eating smaller portions a few days before the fast. Avoid food high in sugar and fat. Plan to limit physical and social activities for the week of the fast. Ask someone to be your prayer partner throughout the fast and have that person sign page 5.

NOTE: *Consult a physician, especially if you are pregnant, nursing, or taking medication. Determine what will work best if your situation does not allow you to do a full fast.*

WHILE FASTING

[Jesus] answered, “It is written, ‘Man shall not live by bread alone, but by every word that comes from the mouth of God.’” **MATTHEW 4:4**

Focus—Set aside time to work through the devotionals. Be ready to respond to God’s Word and the leading of the Holy Spirit.

Pray—Join at least one prayer meeting in your local church. Intercede for your family, church, pastors, nation, campuses, and missions throughout the week.

Replenish—During mealtimes, read the Bible and pray. Drink plenty of water and rest as much as you can. Be ready for temporary bouts of physical weakness and mental annoyances like impatience and irritability.

BREAKING THE FAST

And this is the confidence that we have toward him, that if we ask anything according to his will he hears us. And if we know that he hears us in whatever we ask, we know that we have the requests that we have asked of him. **1 JOHN 5:14–15**

Eat—Reintroduce solid food gradually. Your body will need time to adjust to a normal diet. Start with fruits, juices, and salad, then add more vegetables. Eat small portions throughout the day.

Pray—Don’t stop praying! Trust God’s faithfulness and timing. Carry your newfound passion for God throughout the year. Be in faith for God to answer your prayers.

MY PLAN

DAY 1

Water only Liquid only One meal only Other:

Prayer meeting(s) to attend:

DAY 2

Water only Liquid only One meal only Other:

Prayer meeting(s) to attend:

DAY 3

Water only Liquid only One meal only Other:

Prayer meeting(s) to attend:

DAY 4

Water only Liquid only One meal only Other:

Prayer meeting(s) to attend:

DAY 5

Water only Liquid only One meal only Other:

Prayer meeting(s) to attend:

If two of you agree on earth about anything they ask, it will be done for them by my Father in heaven. **MATTHEW 18:19**

My Prayer Partner:

I AM THANKFUL TO GOD FOR . . .

Answered Prayers

List highlights, answered prayers, and lessons learned in 2024.

IN 2025, I WILL SEEK GOD AND TRUST HIM IN THESE AREAS:

Personal Faith Goals

Spiritual Revival • Physical Healing • Prosperity and Abundance • Rich Generosity ...

.....

.....

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My Family

Restoration of Relationships • Household Salvation ...

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My Education/Career

Excellence • Promotion ...

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My Ministry

Small Group Growth • Salvation of Colleagues and Classmates ...

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I AM COMMITTING TO PRAY FOR ...

Name

Request(s)

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I AM COMMITTING TO PRAY FOR ...

My Church

Church Leadership • Provision • Discipleship Ministry ...

My Community

Campuses & Educational Institutions • Local Government • Outreach Opportunities ...

My Nation

Government Officials • Spiritual Revival • Economic Prosperity • Peace ...



MISSION 29

A global expansion strategy to establish campus-reaching churches in 29 new nations by 2029.



THE NUMBERS

**As of August 2024*

195

The United Nations recognizes 195 member and observing nations.

3

In 1994, Every Nation began with 20 churches in 3 nations.

83

Every Nation currently has churches in 83* nations.

29

We are believing for churches in 29 new nations by the year 2029.

*Ask of me,
and I will make the nations
your heritage, and the
ends of the earth your possession.*

PSALM 2:8

PRAY FOR:

Local churches to be apostolic and send missionaries and church planters to the nations without an Every Nation church.

International students to be reached with the gospel, equipped and empowered to lead, and sent back to their nations to plant campus-reaching churches.

Regional initiatives to connect and strengthen local church efforts to plant campus-reaching churches.



LEARN MORE ABOUT MISSION 29

everynation.org/mission29

PRAY FOR NEW CHURCHES TO BE PLANTED.

Then he said to his disciples, "The harvest is plentiful, but the laborers are few; therefore pray earnestly to the Lord of the harvest to send out laborers into his harvest."

Matthew 9:37–38

***As of August 2024, there is active outreach in these nations.**

Afghanistan	Cyprus
Albania	Democratic Republic of the Congo
Algeria	Denmark
Andorra	Djibouti
Angola	Dominica
Antigua and Barbuda	Ecuador
Argentina	Egypt*
Azerbaijan	El Salvador
Bahamas	Equatorial Guinea
Barbados	Eritrea
Belarus	Estonia
Belize	Ethiopia
Bosnia and Herzegovina	Finland
Brazil	Gambia
Bulgaria	Georgia
Burkina Faso	Greece
Cabo Verde	Grenada
Cameroon	Guatemala
Central African Republic	Guinea
Chad	Guinea-Bissau
Chile	Guyana
Comoros	Haiti
Congo	Honduras
Cuba	Hungary

Iceland*

Iraq

Israel

Italy

Jamaica

Kenya

Kiribati

Latvia

Lebanon

Lesotho

Libya

Liechtenstein

Lithuania

Luxembourg

Macedonia

Madagascar*

Mali

Malta

Marshall Islands

Mauritania

Micronesia

Moldova

Monaco

Mongolia*

Montenegro

Nauru

Nicaragua

Niger

North Korea

Norway

Palau

Palestine

Paraguay

Russia

Rwanda

Saint Kitts and Nevis

Saint Lucia

Saint Vincent and the Grenadines

Samoa

San Marino

São Tomé and Príncipe

Senegal

Serbia

Seychelles

Sierra Leone

Slovakia

Slovenia

Solomon Islands

Somalia

South Sudan

Sudan

Suriname

Syria

Switzerland*

Tanzania

Tonga

Trinidad and Tobago

Tunisia

Turkmenistan

Tuvalu

Uruguay

Vanuatu

Vatican City

Yemen

INTRODUCTION



“Father, forgive them.”

FORGIVENESS

Christ’s forgiveness of his tormentors reveals
God’s desire to extend forgiveness to all.

Luke 23:33–34

³³And when they came to the place that is called The Skull, there they crucified him, and the criminals, one on his right and one on his left. ³⁴And Jesus said, “**Father, forgive them, for they know not what they do.**” And they cast lots to divide his garments.

Additional Reading:

Isaiah 53:10–12; Matthew 5:43–45, 27:33–44; Acts 7:59–60

Jesus hangs from the cross, looking upon the very people that he came to earth to save. The crowds are watching, the soldiers are gambling, the rulers are scoffing, and Jesus is dying. It's a chaotic scene, yet at its heart, it's about something incredibly pure—forgiveness. Jesus, amidst his suffering, looks down and says, “Father, forgive them, for they know not what they do.”

The word “them” is a broad label. Who does it include? It includes the brutal and heartless soldiers throwing dice for his clothes, representing Roman power. It includes the mocking Jewish rulers who conspired against him and pushed for his execution. And it includes the crowds who, just hours before, called for his death. The actions of the Gentiles and Jews remind us that Jesus’ forgiveness spans wide, reaching those who are far from him and those who are close.

“...for they know not what they do.” Can you recall when you said or did something sinful without knowing how damaging your behavior was? One scholar said, “Ignorance may diminish guilt, but does not remove it.” Christ’s forgiveness is not only limited to those present at his crucifixion. The prophet Isaiah tells us that Jesus was “despised and rejected by men” (Isaiah 53:3). At the cross, “them” includes us. This is at the heart of Jesus’ words. He understands our sin-sick condition and intercedes on our behalf both in prayer and sacrifice, taking our punishment and offering himself as the only pathway back to God and reconciling us to the Father on the cross.

The Methodist hymn “Forgive Our Sins As We Forgive” captures well the power of Christ’s forgiveness:

*How can Your pardon reach and bless the unforgiving heart
That broods on wrongs and will not let old bitterness depart?
In blazing light Your cross reveals the truth we dimly knew:
How trifling others’ debts to us; how great our debt to You!*



Song of the Day

FOREVER FOUND

VICTORY WORSHIP

REFLECTION

Isaiah 53:3 describes Jesus as “despised and rejected by men.” How does Christ’s sacrificial forgiveness shape your response to being wronged or to those you may have wronged?

APPLICATION

Ask the Holy Spirit to show you someone you have unforgiveness toward. Determine how you will resolve that situation.





Heavenly Father,

We remember Jesus' sacrifice on the cross, where he prayed, "Father, forgive them, for they know not what they do." We realize that "them" includes us and that our sins are part of why he suffered. Thank you for the wide-reaching forgiveness Jesus offers us. Open our eyes to see the harm our actions may cause and give us the grace to seek and offer forgiveness.

We know the immense debt we owe you and how trivial our grievances against others are in comparison. In the light of the cross, we see the truth of our need for grace and the call to extend that grace to others.

In Jesus' name, Amen.

*“You will be with me in
paradise.”*

PARADISE

Christ’s pardon of the repentant thief reveals
his desire to extend eternal life to all.

Luke 23:39–43

³⁹One of the criminals who were hanged railed at him, saying, “Are you not the Christ? Save yourself and us!” ⁴⁰But the other rebuked him, saying, “Do you not fear God, since you are under the same sentence of condemnation? ⁴¹And we indeed justly, for we are receiving the due reward of our deeds; but this man has done nothing wrong.” ⁴²And he said, “Jesus, remember me when you come into your kingdom.” ⁴³And he said to him, *“Truly, I say to you, today you will be with me in paradise.”*

Additional Reading:

Mark 15:27–32; John 10:28–30; Romans 6:20–23; 1 John 5:11–13

Suspended between life and death, one criminal mocked Jesus. But Matthew tells us that at some time, both criminals mocked him (Matthew 27:44). Something must have changed the heart of the penitent thief. What miracle transformed his heart of stone? Maybe it was when he looked into Jesus' eyes and heard him pray, "Father, forgive them, for they know not what they do" (Luke 23:34).

The penitent thief saw the depth of his sin. "We are receiving the due reward of our deeds." He recognized the sinlessness of the Savior. "This man has done nothing wrong." And he confessed Jesus as Lord, showing he recognized Jesus as the ruler of a heavenly kingdom.

The result was eternal life. "Today you will be with me in paradise." Paradise is from a Persian word that symbolizes a place of beauty and delight. Amazing grace made a criminal immediately fit for paradise. God's grace still does the same to every repentant sinner. In the words of hymnist William Cowper:

*There is a fountain filled with blood,
Drawn from Immanuel's veins.
And sinners plunged beneath that flood,
Lose all their guilty stains.*

*The dying thief rejoiced to see,
That fountain in his day.
And there may I, though vile as he,
Wash all my sins away!*



Song of the Day

GOLDEN STREETS

EVERY NATION MUSIC

REFLECTION

The thief confessed Jesus as Lord and recognized his kingdom. Reflect on your own confession of faith. How do you daily affirm Jesus as Lord in your life? What areas of your life do you need to surrender to his lordship?

APPLICATION

Meditate on Luke 23:39–43 and the additional readings (Mark 15:27–32; John 10:28–30; Romans 6:20–23; 1 John 5:11–13). After reading, pray, asking God to help you internalize the truth about repentance, grace, and eternal life.





Heavenly Father,

We are humbled by the repentant thief who found forgiveness in his last moments. We see ourselves as that thief and understand that we, too, deserve the consequences of our actions. And, like him, we look to Jesus and his mercy.

We marvel at the grace that extended paradise to a repentant sinner, showing your desire to grant eternal life to all who turn to you. As the thief recognized your kingdom, we confess Jesus as our Lord and Savior.

Thank you for the forgiveness and new life that comes through the sacrifice of your Son, Jesus. His blood washes away all our guilty stains, making us fit for paradise. We find our hope in the promise of eternal life with you.

In Jesus' name, Amen.

“Woman, behold your son.”

FAMILY

Christ’s relational provision for
his mother reveals the new community
the cross creates.

John 19:25–27

²⁵...but standing by the cross of Jesus were his mother and his mother’s sister, Mary the wife of Clopas, and Mary Magdalene. ²⁶When Jesus saw his mother and the disciple whom he loved standing nearby, he said to his mother, **“Woman, behold, your son!”** ²⁷Then he said to the disciple, **“Behold, your mother!”** And from that hour the disciple took her to his own home.

Additional Reading:

John 1:11–13, 13:34–35; Ephesians 2:14–16; Colossians 3:11–15

Family. We all have one.

Jesus, God Incarnate, also had a human family he called his own. Scripture provides few details about his boyhood, but we know he was fully human and experienced things first-century Jewish boys would. Like any young boy spending time with his friends, we can imagine him carving wood, wrestling, and exploring. He knew the stability of weekly Sabbath dinners, the traditions of annual holidays, and a sense of belonging from his Jewish heritage.

Family. God's gift.

He grew to manhood and, in an act of obedience, hung on the cross. Mary and John stood at his feet. The clock was ticking. His death was near, and Jesus made two remarkable statements. A hush would soon fall, but at this moment, perhaps Mary and John strained to hear him above the din. What was he saying? With his last words spoken to his mother and his beloved disciple before his death, he broadened the meaning of family to include spiritual family—for those who call him Lord.

How extraordinary! Without diminishing natural families, he gave us what we would need to walk as Christ-followers in a broken world. Imperfect men and women who would speak truth to us, stand with us in faith, encourage us, and even weep with us. A people with whom we could experience his love and build his kingdom, using the grace and gifts the Father has given us.

Together. Spiritual family. God's gift.

Hymnist John Fawcett captured the strength of community we experience together in his hymn “Blest Be the Tie That Binds.”

*We share our mutual woes,
Our mutual burdens bear,
And often for each other flows
The sympathizing tear.*



Song of the Day

THIS IS YOUR CHURCH

EVERY NATION ROSEBANK WORSHIP

REFLECTION

Jesus broadened the concept of family to include spiritual relationships without diminishing natural family ties. In what ways do you find it challenging or rewarding to balance commitments to your natural family and your spiritual family? How can you improve in nurturing both?

APPLICATION

Identify someone in your spiritual family who may need support. Commit to spending time with them, offering assistance, and praying with and for them.





Heavenly Father,

Thank you for the gift of family. We are grateful for our natural families and the love and support they provide. We also thank you for our spiritual family and the community of believers you placed in our lives. Help us to cherish and nurture these relationships, recognizing them as your provision for us to walk faithfully in this world.

Jesus showed us the importance of caring for one another, even in his final moments. Teach us to look beyond our immediate circles and extend our love and care to those within our spiritual family. May we quickly support, encourage, and stand together in faith, just as you intended.

In Jesus' name, Amen.

*“Why have
you forsaken me?”*

JUDGMENT

The Father’s abandonment of his Son reveals the horror of sin, the necessity of judgment, and the mercy of God.

Mark 15:34

³⁴And at the ninth hour Jesus cried with a loud voice, “Eloi, Eloi, lema sabachthani?” which means, “My God, my God, why have you forsaken me?”

Additional Reading

Psalm 103:8–10; Lamentations 3:31–33; Micah 7:18–19; Titus 3:3–7

Martin Luther once spent hours motionless and immersed in deep contemplation over this text. Observers thought he was in a trance, neither eating nor drinking. He finally emerged, saying, “God forsaking God! No man can understand that.”

We cannot comprehend Christ’s agonizing cry on the cross. In that hour, the sinless One suffered the horror of sin. His bitter lament betrayed the torment of hell. It was the sound of sin’s price paid in full. Eternity will not exhaust the story of what Jesus endured in those dark hours on Calvary’s cross.

The cross reveals the most violent and mysterious outpouring of God’s wrath in all the Scriptures. God abandoned his Son to satisfy the demands of justice. Jesus bore the full measure of divine wrath against the sins of the world when God “laid on him the iniquity of us all.” The Father descended in judgment on Golgotha to unleash his fury not against sinners but against the Sin-bearer.

When a judge delivers a verdict on a guilty criminal, he decrees justice or mercy; he cannot pronounce both. But when God delivered his sentence against guilty humanity, justice and mercy met in perfect harmony. The penalty paid for sin affirmed God’s justice, and our purchased pardon demonstrated his mercy.

Isaac Watts’ hymn captures the awe we feel when we contemplate Christ upon the cross:

*Alas! and did my Savior bleed,
And did my Sovereign die?
Would He devote that sacred head
For sinners such as I?*

*Was it for crimes that I had done,
He groaned upon the tree?
Amazing pity, grace unknown,
And love beyond degree!*



Song of the Day

COME TO JESUS

EVERY NATION MUSIC

REFLECTION

Consider how the cross reveals both God's justice and mercy. How does this understanding affect your view of God's character and his actions in your life?

APPLICATION

Pray for an opportunity to share your testimony with another person, highlighting God's mercy on your life.





Heavenly Father,

We come to you in awe and gratitude for Jesus' sacrifice on the cross. His cry, "My God, my God, why have you forsaken me?" reminds us of the horror of sin and the necessity of judgment. We cannot fully grasp the depth of Christ's suffering or the weight of the divine displeasure he bore on our behalf.

Thank you for your mercy shown through Jesus, who took our punishment and offered us forgiveness and eternal life. Teach us to show the same mercy to others.

In Jesus' name, Amen.




4



“I thirst.”



HUMANITY

Christ’s physical thirst reveals his full humanity and why that matters for our salvation.

John 19:28–29

²⁸After this, Jesus, knowing that all was now finished, said (to fulfill the Scripture), *“I thirst.”* ²⁹A jar full of sour wine stood there, so they put a sponge full of the sour wine on a hyssop branch and held it to his mouth.

Additional Reading:

Romans 8:3–4; Philippians 2:6–11; 1 Timothy 2:5–6; Hebrews 2:14

Every year for generations, the Israelites sacrificed animals to atone for their sins. This was God’s provision if they believed in the innocent substitute to come. But most of the Israelites put their trust in their work of giving the sacrifice. That was a mere bandage for a broken bone. What Israel (and mankind) needed to heal their brokenness was the perfect exchange of a sinless human. The only perfect, sinless human to ever live was Jesus.

John describes him as the “Word made flesh.” Our holy God descended into humanity while retaining his divinity. Throughout the gospels, Jesus experienced the human condition without the burden of sin. Forty days of fasting made him hungry (Matthew 4:2). A long day of ministry left him tired and asleep on a boat (Matthew 8:24). He wept at the grave of his friend Lazarus (John 11:35). And here on the cross, he is in agony, beaten and thirsty.

Jesus is fully God and fully man, never one more than the other, making him our perfect sacrifice forever. As he hung on the cross, faultless for our forgiveness, “I thirst” revealed him as our perfect high priest who identified with us. His sacrifice was more than just a bandage—it was redemption.

Because of Christ’s humanity, he meets all the requirements of the sacrifice needed to redeem us fully. Be encouraged, for he completely heals all our brokenness, not just once but for a lifetime.

*To the sinner, You were grace.
And the broken You embraced.
And in the end, the proof is in Your wounds.
Blood and tears,
How can it be?
There’s a God who weeps.
There’s a God who bleeds.*

—“Son of Suffering” written by David Funk, Aaron Moses, Matt Redman, and Nate Moore



Song of the Day

YOU GAVE IT ALL

EVERY NATION MUSIC

REFLECTION

What is the significance of Jesus saying “I thirst” on the cross? Why is it essential for our salvation that Jesus experienced the full range of human needs and sufferings?

APPLICATION

Ask Jesus to give you a heart of compassion for other people. Search for an opportunity to serve someone in your community who is in need or suffering.





Heavenly Father,

When we hear the words “I thirst” spoken from the cross, we remember that our Savior experienced the depths of human suffering and need. Thank you for sending Jesus to experience humanity fully.

We are grateful for Jesus’ perfect sacrifice, bearing our sins and offering healing for our brokenness. His humanity allows him to understand our struggles and intercede for us. Help us to live in gratitude and extend your compassion to others, reflecting Jesus’ love.

In Jesus’ name, Amen.

“It is finished.”

COMPLETION

Christ’s words show that he has fully achieved our salvation, and there’s nothing more for us to add.

John 19:30

³⁰When Jesus had received the sour wine, he said, “**It is finished,**” and he bowed his head and gave up his spirit.

Additional Reading:

Ephesians 2:8–9; Colossians 2:13–14; Hebrews 7:25, 10:12–14

“It is finished”—what a statement, especially at what seems to be a moment of weakness and humiliation. But what is finished? Jesus’ life? His ministry? To understand what is finished, we must look at the beginning.

In the creation account in Genesis 1–2, God made Adam and Eve in his image and, with him, gave them dominion over the earth. But the story turns in Genesis 3 when they disobeyed God, and sin entered the world.

This original sin has separated not only Adam and Eve but all humans from God, and there’s nothing we can do to mend that separation. It must be the work of God.

God knew we would need his mercy and deliverance from sin even before he created the universe. In his sovereignty, he began a plan to redeem and reconcile us. This plan, enacted through covenants in the Old Testament, culminates at the cross in the New Testament. Through the death of his Son, Jesus Christ, it is finally fulfilled.

The debt of sin—a debt that we could never settle—was fully paid by the blood of Jesus, once and for all, on the cross. Yes, Jesus had fulfilled his earthly mission, but he also accomplished the work of restoring us to himself.

Somewhat paradoxical, “It is finished” marks the beginning of a new covenant. Through Jesus’ work on the cross, we find forgiveness, redemption, and reconciliation with God. Despite our sins and imperfections, God credits us with the righteousness of his son. Let us live each day confident in our salvation, knowing that there is nothing more for us to add.

*‘Tis finished! The Messiah dies
Cut off for sins, but not His own;
Accomplished is the sacrifice
The great redeeming work is done.*

—“‘Tis Finished! The Messiah Dies” written by Charles Wesley



Song of the Day

WORD FULFILLED

FREEDOM CHURCH WORSHIP

REFLECTION

Consider the concept that Jesus fully paid the debt of sin on the cross. How can you live out this understanding in your relationships and actions?

APPLICATION

Write down the names of people you know who have not received Christ as Lord. Pray for them, asking God for an open door to share the good news of the gospel and salvation with them.





Heavenly Father,

Thank you for the completed work of Jesus on the cross. When he said, "It is finished," our salvation was fully achieved, and there is nothing more we can add to it. We are grateful for your plan of redemption. Help us live each day with the confidence that our salvation is secure in him.

Jesus, we are humbled by your sacrifice. You bore the weight of our sins and paid the debt that we could never settle. Through your blood, we are forgiven, redeemed, and made righteous.

In your name we pray, Amen.

CONCLUSION



“Into your hands.”

ASSURANCE

Christ’s confident surrender to God shows that life continues after death, assuring us of salvation.

Luke 23:44–46

⁴⁴It was now about the sixth hour, and there was darkness over the whole land until the ninth hour, ⁴⁵while the sun’s light failed. And the curtain of the temple was torn in two.

⁴⁶Then Jesus, calling out with a loud voice, said, “**Father, into your hands I commit my spirit!**” And having said this he breathed his last.

Additional Reading:

John 14:1–3; Romans 8:38–39; 1 Thessalonians 4:16–17; Revelation 21:4

Moments before his final breath, Jesus quotes Psalm 31:5, a psalm Jews used as an evening prayer. Amid his anguish, he prays the hymn he may have first learned at home. And not in a whisper but in a loud voice.

At this stage of his crucifixion, simply taking a breath would have been torture. Yet, he exerts himself enough to speak in a loud voice. Why? Perhaps it wasn't for him but for the people around him.

Perhaps it was for us.

In these final words, Jesus demonstrates a confident surrender to God and complete peace. He knew the story wasn't over. As these words reverberate throughout history, they testify to all who hear, "Believe in me, and you can have this assurance in the face of death. You can know your eternity is secure."

This week, as we've reflected on these words that Jesus spoke from the cross, we understand that he's no longer on the cross. He's sitting at the right hand of God in heaven, and he's sent us his Holy Spirit, who, in our moments of doubt, whispers Jesus' words back to us.

When we feel our sins can't be forgiven, we hear, "*Father, forgive them.*"

When we feel alone and without family, we hear, "*Woman, behold your son.*"

When we feel like we're not good enough, we hear, "*It is finished.*"

When our hearts are full of fear, we hear, "*Father, into your hands, I commit my spirit.*"

Our hearts burst out in praise, singing the words the blind hymn writer Fanny Crosby penned: "*Blessed assurance, Jesus is mine!*"



Song of the Day

ASSURANCE

EVERY NATION MUSIC

REFLECTION

Reflect on a time when you had to trust God completely despite fear or uncertainty. How did that experience shape your faith?

APPLICATION

Take a walk in a peaceful setting, focusing on committing your fears and uncertainties into God's hands. As you walk, recite Jesus' words from the cross and let them resonate in your heart.





Heavenly Father,

*Thank you for your Son's ultimate sacrifice. As he
breathed his last, he proclaimed his trust in you:
"Father, into your hands I commit my spirit." When
we face trials and uncertainties, let those words be a
source of strength and assurance.*

*We commit our lives into your hands. Help us to
live each day with the confident surrender that Jesus
demonstrated, trusting that you hold our future
securely.*

*We find peace in your presence, knowing that our
eternity is secure in you.*

In Jesus' name, Amen.



EVERY NATION

Every Nation is a global family of churches that exists to honor God by establishing Christ-centered, Spirit-empowered, socially responsible churches and campus ministries in every nation.

#ENfast2025

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